

Program Updates

We had over 190 participants for our Youth Basketball that was held from January-March.

On March 28, we had our 3v3 Basketball Tournament for both youth and adults. We had 16 teams sign up in 3 divisions. Congratulations to all the winners!

Diaper dunker is a program where children ages of 3 and under got to play basketball! Thank you to JHS Young Athletes for partnering with us to make this event successful. Look out for a similar soccer program in the Fall!

Future Programs

- Spring Youth Soccer
- Youth Volleyball
- Coed Volleyball

Membership

We had over 300 new members from our New Year New You & Spring into Fitness Promo!

April 15th we will have our Member Appreciation Day, where we will give out free snacks and water to our members. We will have a raffle drawing where winner will receive 10 free guest passes

Aquatics

On March 28th, we had our Annual Easter Egg Hunt in the Pool. We had families come to the YMCA collecting some eggs in the pool and had a special visit from the Easter Bunny! A huge thank you to Molly & Raintree Shopping, Monitor Productions, along with our YMCA members for your donations to making this event special to the families.

Group Swim Lessons are back in the month of April as that will Tuesday and Thursdays nights for 2 week. The finals class will be April 18th from 9-9:45a

More Than a Gym: Jo Hager YMCA Journey

Two years ago, Jo Hager walked into the YMCA not fully knowing how much it would change her life. What began as a simple decision to stay active slowly became something far greater — a daily rhythm, a growing confidence, and a community that feels like family.

From 8:00 in the morning until 2:30 in the afternoon, almost every day, the Y has become her second home. Her days are full — lifting weights, swimming laps, playing pickleball, and joining in on many other activities that keep her moving and learning. But what she has gained goes far beyond physical strength.

In just two short years, Jo has accomplished things she once thought were impossible. At 69 years old, she signed up for swimming lessons — despite having a deep fear of water. One year later, on her 70th birthday, she swam across the entire pool. What once felt overwhelming became a symbol of courage and

perseverance. That moment wasn't just about swimming; it was about proving to herself that growth doesn't stop with age.

She has also stepped into new challenges on land. From learning the ins and outs of pickleball to earning a first-place ribbon in a run/walk event, she continues to surprise herself with what she is capable of achieving. Each new skill learned and each goal reached has brought her immense joy.

Her doctors have even taken notice, commenting on the tremendous improvements in her health. The consistent movement, the strength training, and the active lifestyle have done wonders — not just physically, but mentally and emotionally as well.

But perhaps the greatest gift the YMCA has given her is community. Along the way, she has found people who have become some of her closest friends — even family. The encouragement, laughter, accountability, and shared victories have made each day brighter. She is especially grateful for Shawn, Alice, Sherri, Sally, Brad, Ellen, Jane, Josh, Sammi, and Mary Kay — people who have supported her, cheered her on, and made the YMCA feel like home.

Jo's journey is proof that it is never too late to start. Never too late to learn. Never too late to overcome fears. And never too late to find joy in becoming stronger — inside and out.

The YMCA may be where she works out, but it is also where she found courage, confidence, and connection. And for that, she is deeply thankful. Written by: Kourtney Gage (Jo Hagers Niece)

Updating Bylaws

June 25 our board members will vote to update bylaws

- Update list to current membership offerings
- Number of board members and voting procedure
- Dissolution clause
- YUSA compliance list

Upcoming Events May-July

- Disc Golf League- Tuesday Nights starting May 12. 5:30-7:00 pm, Weekly Payout for prizes. \$5.00 entry fee. Don't need to come every week.
- Adult Co-Ed Slow Pitch Softball- July 9th-August 27th. \$425/team Register by June 27th. Games at Wallace Memorial Park.
- Parent & Child Swim Lessons- Tuesday & Thursdays Nights starting on May 5 through 2 Sessions divided by age groups (6 months-1) & (2-3). \$55/members & \$70/nonmembers